

KINGSMEAD'S CYCLING PROGRAMME

Some context

Kingsmead is a one form entry primary school set on the Kingsmead housing estate, the population of which is in the highest 4% for deprivation in the country (IDACI data).

Many of our pupils cannot afford a bike of their own; a large number of those that do own a bike have had theirs deemed un-roadworthy by past cycling instructors.

Over the last 3 years we have sought to establish cycling as a recreational activity at the heart of the both the school and local community, so that our pupils and their families can make use of the fantastic cycling opportunities that are available to them in terms of the local canal cycle paths and nearby Hackney Marsh.

How did we get started?

In 2009 on the back of a staff travel survey, we requested cycle training for 13 members of staff.

Our request was followed by an invitation to take part in a whole school cycling pilot scheme being offered by LB Hackney.

We devised a cycle programme with Hackney Road Safety team that would provide training across the school and promote both recreation and utility. The programme was co-funded by Hackney Council. As part of this scheme the school took on a cycling manager for 1 day per week.

Since then cycling has become really embedded within the school and we have been able to harness the enthusiasm within the school community to run a number of different cycling initiatives.

Pool Bikes

In 2009 we successfully bid for Small Grant funding to purchase 10 pool bikes and helmets for pupils and 2 staff pool bikes. This was followed by successful bids for further grants for a pool bike store and an additional 7 smaller bikes.



Cycle Training



We offer Level 2 cycle training to all children in Years 5 & 6 and Level 1 to children in years 3 & 4. Younger children are encouraged to ride bikes and scooters.



Regular cycle trips are organised for groups of children and we have undertaken a number of whole class rides.



Cycle Racing Team



We have a cycle racing team who train on a weekly basis in an after school club and compete in Hackney League races.





Dr Bike & Biker's Breakfast



We hold Dr Bike and Biker's Breakfast sessions every term which are always well attended.



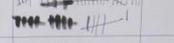
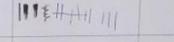
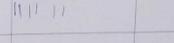


Staff Involvement

Staff enthusiasm for cycling has been key to the success of our cycling initiatives. With a staff body of 36 we now have at least 15 members of staff regularly cycling to work (42 % of staff), 7 of whom acquired bikes through the Cycle to Work Scheme. A further 10 members of staff have recently expressed an interest in having cycle training .



Staff cycle  challenge starts this week!  Good luck, Kate 

Week commencing...	Journeys by bike	Total	Running total
11.6.12			
18.6.12			
25.6.12			
2.7.12			
9.7.12			
Total			

Le Grand Kingsmead Staff Challenge à velo

I hereby challenge the staff of Kingsmead Primary School to cycle their way from Haxhays to Park during the summer term 2012!

For every journey to or from school made by bike, you get one vote further towards the French capital, which is about 800 miles from LKS.

Come into school by bike and pop a dash in the box for that week. Did you? Give yourself a tally mark. If you don't, we will know you haven't done it. For one whole week, that's 20 tally marks. You've arrived in LKS. If you make it to the city of light during the term, I'll take you all one of my award winning cakes!  and organize a job for you all at the end of term.

The staff have been...    

Links to the Curriculum

We try to make as many links as possible with the curriculum





For example we arranged for a visit from Simon from Veteran Cycles who brought his Penny Farthings to link with our IPC topics - **Old & New** and **Transport**



Year 6 Transition

At the end of Year 6 pupils are supported with route planning for secondary school and safe cycling routes are planned to encourage them to consider cycling to secondary school



Community Involvement



We have been part of a Sustainable Transport initiative with Hackney Council, Sanctuary Housing and other local stakeholders. Our cycle manager offered a weekly drop-in bike club for local adults to encourage bike riding in the local area.

Adult Learners Week

For the last 3 years we have held a basic bike maintenance workshop for local adults as part of Hackney's adult learners week.



FREE



**Bike Maintenance
Workshop for Adults**

Monday 14th May 3.30- 5.30pm

For any adult aged 19+ - booking required

Come and learn the basics of bicycle maintenance in a friendly inclusive workshop at Kingsmead Primary School, run by two experienced bike mechanics. We will be looking at the basic principles of bike mechanics, as well as bike tools and how to use them.

Cycle Shelters



The school already has 2 covered Sheffield Stands, one which is used by staff and visitors and the other, in the playground, which is used by pupils. These were paid for by The Mayor's Fund.

Due to the volume of bikes and scooters regularly brought to school we are now looking at increasing our cycle shelter capacity for which we have just been granted further funding by TfL's cycle parking scheme.

Additional Funding

We were recently able to secure further funding from a small grant scheme offered by Sanctuary Housing. This allowed us to purchase bikes for our Foundation Stage and KS1 pupils.



In House Cycle Trainer



A school staff member has recently qualified as a fully trained cycle instructor and we plan to train a further member of staff to the same level so that together they will be able to run our training programmes and take groups out on the road.



In Autumn 2012 we were awarded Outstanding level for our School Travel Plan, which we completed using the online Star Track system.

Although initially time consuming, once all the initial information has been logged onto the online Star Tracker account, it is really very easy to add individual items of evidence on an ad-hoc basis (for example photos of events, newsletters, links to website stories etc). This allows the Star Tracker account to become a repository for all School Travel related initiatives ultimately saving much time and paperwork.

Kingsmead's Historical Mode of Travel Data

Since 2004/5 we have had increase of 10.7% in pupil's cycling to school. The big leap in numbers cycling to school can be directly linked to the school's cycling initiatives which began in 2009 (with a 400% increase in those cycling in the first 2 years of the cycling programme).

	Car	Car Share	Public Transport	Bicycle	Foot
2004/05	16.5%	0.0%	24.7%	1.2%	57.6%
2005/06	17.0%	0.0%	9.4%	1.9%	71.7%
2008/09	14.5%	1.4%	6.4%	2.7%	75.0%
2009/10	14.7%	0.4%	8.6%	6.0%	70.3%
2011/12	7.8%	1.2%	5.7%	11.8%	73.5%
2012/13	11.5%	0.0%	3.7%	11.9%	72.8%



**Sustainable Travel
Accredited & Recognised
Cycle Beacon School 2012**

