

KINGSMEAD'S MENTAL HEALTH & WELLBEING TEAM



Ruth Mackintosh

Deputy Head Teacher

Mental Health Lead, SENDCo & Safeguarding Lead

As joint Mental Health Lead my role is to promote wellbeing for all stakeholders. My responsibilities are to:

- co-lead the wellbeing team
- have a clear vision and action plan
- communicate regularly with children, parents & carers and staff
- plan a range of activities to promote self-care and wellbeing in staff and pupils
- liaise with outside agencies who can support children's mental health and wellbeing

As SENCo I oversee the SEN needs of children and the provision and support offered to them at Kingsmead. I regularly meet with parents and complete annual reviews for children with EHC plans.

I am regularly on the school gate at the start and end of the day for informal chats with parents and carers



Emma de Sausmarez

Communications & Community
Liaison

Mental Health Lead

As joint Mental Health Lead my role is to promote wellbeing for all stakeholders. My responsibilities are to:

- co-lead the wellbeing team
- have a clear vision and action plan
- communicate regularly with children, parents & carers and staff
- plan a range of activities to promote self-care and wellbeing in staff and pupils
- liaise with outside agencies who can support children's mental health and wellbeing

I also liaise across the LEAP federation to share wellbeing and other opportunities that might benefit our families and the school community.

I am regularly on the school gate at the start and end of the day for informal chats with parents and carers



Latisha Carter

Pastoral Support Manager

I support behaviour throughout the school. I work with:

- children 1:1 and in small groups and in class, to remove barriers to learning
- parents and staff to support them with strategies to manage specific children's behaviour and emotional wellbeing
- children having difficulties attending school for emotional reasons

I also support all staff with developing Emotional Literacy strategies and responses.

I am regularly on the school gate at the start and end of the day for informal chats with parents and carers



Roderick Ryan

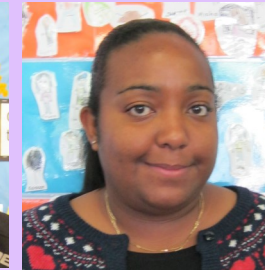
Teaching & Learning
Associate

Wellbeing for Education Mentors

We support children in and out of class, both with their learning and with managing their emotions.

We can offer:

- support around additional pressures some children may be feeling
- Support around children's emotional response from various causes including stress, trauma, anxiety or bereavement



Julia Simon

Teaching & Learning
Associate



Jon D'Agostino

School Counsellor

I am a counsellor. I support children to build resilience, manage stress and anxiety and foster positive relationships with friends, family and staff.

I work with:

- Identified children for 1:1 sessions
- Children who self refer for drop in lunch Talk Time sessions

I also support parents & carers and staff and am able to signpost where they can access further support if needed.