

KINGSMEAD'S MENTAL HEALTH & WELLBEING TEAM



Ruth Mackintosh

Deputy Head Teacher

Mental Health Lead, SENDCo & Safeguarding Lead

As joint Mental Health Lead my role is to promote wellbeing for all stakeholders. My responsibilities are to:

- co-lead the wellbeing team
- have a clear vision and action plan
- communicate regularly with children, parents & carers and staff
- plan a range of activities to promote self-care and wellbeing in staff and pupils
- liaise with outside agencies who can support children's mental health and wellbeing

As SENDCo I oversee the SEND needs of children and the provision and support offered to them at Kingsmead. I regularly meet with parents and complete annual reviews for children with EHC plans.

I am regularly on the school gate at the start and end of the day for informal chats with parents and carers



Emma de Sausmarez

Communications & Community Liaison

Mental Health Lead

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- have a clear vision and action plan
- communicate regularly with children, parents & carers and staff
- plan a range of activities to promote self-care and wellbeing in staff and pupils
- liaise with outside agencies who can support children's mental health and wellbeing

I also liaise across the LEAP federation to share wellbeing and other opportunities that might benefit our families and the school community.

I am regularly on the school gate at the start and end of the day for informal chats with parents and carers



Julia Simon

Teaching & Learning Associate



Freddy Katanga

Pastoral Support Lead & PE Specialist teacher



Ibz Dongan

Teaching Assistant

Pastoral Support Team

We support the emotional well-being of children throughout the school in a range of ways including:

- 1:1 and small group support in class, to remove barriers to learning
- Supporting children who may be experiencing difficulties with friendship issues or managing their emotions
- Helping children having difficulties attending school for emotional reasons

We speak regularly with the rest of the mental health and wellbeing team, and with other staff in the school in order to support children as soon as needs arise.



Hannah Graham

Part of the Wellbeing & Mental Health in Schools (WAMHS) service

Education Mental Health Practitioner

My role is to support children and young people with their emotional wellbeing and mental health through early intervention.

I'll also work with staff and parents to promote a wellbeing throughout the school.

I run sessions for groups of children, deliver sessions to whole classes and run parent workshops and parent group sessions.

I am at Kingsmead for half a day every week.



Jon D'Agostino

School Counsellor

I am a counsellor. I support children to build resilience, manage stress and anxiety and foster positive relationships with friends, family and staff.

I work with:

- Identified children for 1:1 sessions
- Children who self refer for drop in lunch Talk Time sessions

I also support parents & carers and staff and am able to signpost where they can access further support if needed.

I am at Kingsmead for one day every week.