



# HEALTH & WELL-BEING SUMMER CAMP

**at Mandeville Primary School, Oswald Street, London E5 0BT**

Kingsmead and Mandeville Primary Schools are delighted to offer four weeks of **free** healthy and fun activities for children from Kingsmead, Mandeville and Daubeney primary schools over the summer holidays. From **Monday 20<sup>th</sup> July** until **Friday 14<sup>th</sup> August**, twice daily 2 hour sessions will be offered on a first come first served basis, for a range of sports and physical activities sessions. Rap/song writing and cooking sessions will also run but will only be for specific children who have been invited to take part. Most of the sessions are aimed at children from Years 3, 4, 5 & 6, however two Multi Sport sessions will run every week specifically for children in Years 1 & 2. Please note that drop in sessions are open to all and will be allocated on a first come first served basis.

**Please arrive at 11.50am for 12 noon session and 2.20pm for 2.30pm session.**

Week 1 = W/C 20<sup>th</sup> July    Week 2 = W/C 27<sup>th</sup> July    Week 3 = W/C 3<sup>rd</sup> August    Week 4 = W/C 10<sup>th</sup> August

Week 1	Monday 20 <sup>th</sup> July		Tuesday 21 <sup>st</sup> July		Wednesday 22 <sup>nd</sup> July		Thursday 23 <sup>rd</sup> July		Friday 24 <sup>th</sup> July	
<p><b>Arrive 11.50am for 12noon start</b></p> <p>12 – 2pm</p>	<p><b>Invitation only</b></p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 - 6 children</p> <p><b>GIRLS FOOTBALL</b></p>	<p><b>Invitation only</b></p> <p><b>Week 1</b></p> <p>Yr 3 &amp; 4</p> <p>15 Mandeville children</p> <p><b>COOKING</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	<p><b>Invitation only</b></p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>BOYS FOOTBALL</b></p>	<p><b>Invitation only</b></p> <p><b>Week 1</b></p> <p>Yr 3 &amp; 4</p> <p>15 Kingsmead children</p> <p><b>COOKING</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ATHLETICS</b></p>	<p><b>Drop In</b></p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>	<p><b>Drop in</b></p> <p><b>YEAR 6 Meet Up</b></p>
<p><b>Arrive 2.20pm for 2.30pm start</b></p> <p>2.30 – 4.30pm</p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>BOYS FOOTBALL</b></p>		<p><b>Drop In</b></p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ATHLETICS</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>GIRLS FOOTBALL</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	

Week 2	Monday 27 <sup>th</sup> July		Tuesday 28 <sup>th</sup> July		Wednesday 29 <sup>th</sup> July		Thursday 30 <sup>th</sup> July		Friday 31 <sup>st</sup> July	
<p>Arrive 11.50am for 12noon start</p> <p>12 – 2pm</p>	<p>Invitation only</p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>GIRLS FOOTBALL</b></p>	<p>Invitation only</p> <p>Week 2 Yr 5 &amp; 6</p> <p>15 Mandeville children</p> <p><b>COOKING</b></p>	<p>Drop In</p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	<p>Invitation only</p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>BOYS FOOTBALL</b></p>	<p>Invitation only</p> <p>Week 2 Yr 5 &amp; 6</p> <p>15 Kingsmead children</p> <p><b>COOKING</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>ATHLETICS</b></p>	<p>Drop In</p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>	<p>Invitation only</p> <p>Week 2 Yr 3 &amp; 4</p> <p>15 Mandeville children</p> <p><b>COOKING</b></p>
<p>Arrive 2.20pm for 2.30pm start</p> <p>2.30 – 4.30pm</p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>BOYS FOOTBALL</b></p>		<p>Drop In</p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>		<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>ATHLETICS</b></p>		<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>GIRLS FOOTBALL</b></p>		<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	

Week 3	Monday 3 <sup>rd</sup> August		Tuesday 4 <sup>th</sup> August		Wednesday 5 <sup>th</sup> August		Thursday 6 <sup>th</sup> August		Friday 7 <sup>th</sup> August	
<p>Arrive 11.50am for 12noon start</p> <p>12 – 2pm</p>	<p>Invitation only</p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>GIRLS FOOTBALL</b></p>	<p>Invitation only</p> <p>Week 3 Yr 3 &amp; 4</p> <p>15 Kingsmead children</p> <p><b>COOKING</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	<p>Invitation only</p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>BOYS FOOTBALL</b></p>	<p>Invitation only</p> <p>Week 3 Yr 5 &amp; 6</p> <p>15 Mandeville children</p> <p><b>COOKING</b></p>	<p>Drop In</p> <p>24 Yr 3 - 6 children</p> <p><b>ATHLETICS</b></p>	<p>Drop In</p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>	<p>Invitation only</p> <p>Week 3 Yr 5 &amp; 6</p> <p>15 Kingsmead children</p> <p><b>COOKING</b></p>
<p>Arrive 2.20pm for 2.30pm start</p> <p>2.30 – 4.30pm</p>	<p>Drop In</p> <p>24 Yr 3 – 6 children</p> <p><b>BOYS FOOTBALL</b></p>		<p>Drop In</p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>		<p>Drop In</p> <p>24 Yr 3 – 6 children</p> <p><b>ATHLETICS</b></p>		<p>Drop In</p> <p>24 Yr 3 – 6 children</p> <p><b>GIRLS FOOTBALL</b></p>		<p>Drop In</p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	

Week 4	Monday 10 <sup>th</sup> August		Tuesday 11 <sup>th</sup> August		Wednesday 12 <sup>th</sup> August		Thursday 13 <sup>th</sup> August		Friday 14 <sup>th</sup> August	
<p><b>Arrive 11.50am for 12noon start</b></p> <p>12 – 2pm</p>	<p><b>Invitation only</b></p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 - 6 children</p> <p><b>GIRLS FOOTBALL</b></p>	<p><b>Drop in</b></p> <p><b>YEAR 6 Meet Up</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	<p><b>Invitation only</b></p> <p>15 Yr 3 - 6 children</p> <p><b>RAP GROUP</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>BOYS FOOTBALL</b></p>	<p><b>Drop in</b></p> <p><b>YEAR 6 Meet Up</b></p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ATHLETICS</b></p>	<p><b>Drop In</b></p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>	<p><b>Drop in</b></p> <p><b>YEAR 6 Meet Up</b></p>
<p><b>Arrive 2.20pm for 2.30pm start</b></p> <p>2.30 – 4.30pm</p>	<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>BOYS FOOTBALL</b></p>		<p><b>Drop In</b></p> <p>20 Yr 1 &amp; 2 children</p> <p><b>MULTI - SPORTS</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ATHLETICS</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>GIRLS FOOTBALL</b></p>		<p><b>Drop In</b></p> <p>24 Yr 3 – 6 children</p> <p><b>ROUNDERS /CRICKET</b></p>	