Anti-bullying Week

Monday 18th – Friday 22nd November 2013

RECAP: What is Bullying?

- Bullying is <u>intentional,</u> not an accident, where a bully hurts someone on purpose.

- Bullying is <u>repetitive</u>. This means that the bully hurts someone over and over again; it isn't an incident that happens only once.

- In general, bullying is where one person acts like they have more power than another, and does whatever they can to <u>hurt</u> that person.

CYBER-BULLYING

Cyber-bullying is…………

A bully who can pick on people without seeing them face to face

A form of bullying that takes place on social network sites

When you force people to get young people to do things on line

Information on the Internet never goes away.
Bullies use this.

What is cyber-bullying?

Cyber-bullying....

- Sending nasty emails, texts or making nasty phone calls.
- This may also take place on:
- Facebook
- Bebo
- Twitter
- Online gaming

- http://www.bbc.co.uk/learningzone/clips/preventing-cyber-bullying/6131.html

Say No To Bullying

Remember: All types of bullying are very serious and can cause lots of damage to the people involved.

www.bbc.co.uk/learningzone/clips/experiencing-and-beating-cyber-bullying/7148.html
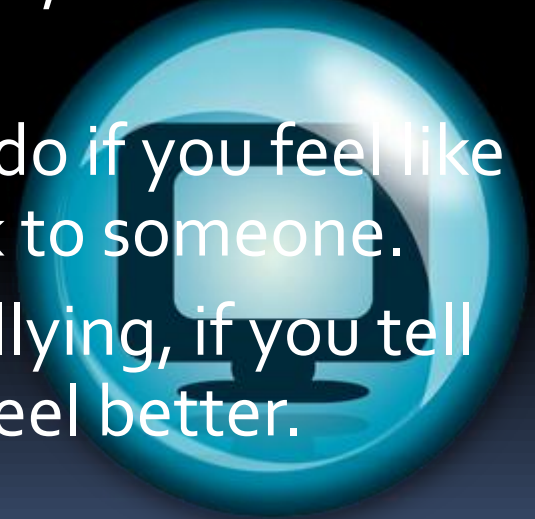
What can you do to stay safe?

- Do not engage/ or make contact with people you do not know.

- Never arrange to meet someone you don't know.

- Look at your privacy settings on computer and do not give out information about yourself.

What could you do?

- Tell someone adult (parents/teacher, friend)
- Report to social networking site.
- NEVER <u>respond</u> or <u>retaliate</u>!
- Try to ignore it.
- Save any information and print, so that someone can help you.
- Remember, the best thing to do if you feel like you are being bullied is to talk to someone.
- Even if you don't think it's bullying, if you tell someone, they can help you feel better.

Push the button on cyber bullies!